

# SMSC Planning Overview

## CYCLE B

- Commando Joe's    
  - No Outsiders    
  - Sex and Relationships Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	<b>Romeo Resilience</b>	<b>Charlie Communication Elliot Excellence</b>	<b>Parveen Positiivty</b>	<b>Tanisha Teamwork</b>	<b>Sophie Self-Awarness</b>	<b>Eddie Empathy</b>
<b>EYFS (Nursery and Reception missions are different, but the aims are the same)</b>	<b>Incy Wincy Spider</b> We will teach children: - To understand the need to be patient at times - To know when to ask for help and when to persevere - To know that sometimes we need to practice really hard to become good at something	<b>Twinkle Twinkle Little Star</b> We will teach children: - To recognise the importance of making positive choices To know that everyone can be successful and that we are all good at different things  <b>Three Blind Mice</b> We will teach children: - To give and share ideas, listening to others and their ideas - To talk and share information in a clear way To give instructions, directions and be able to follow them	<b>Humpty Dumpty</b> We will teach children: - To talk and share information with their team in a clear way - To take turns - To be kind and share time with others To think of solutions to problems	<b>Row, Row, Row Your Boat CoJos</b> We will teach children: - To take turns - To work as part of a team to get to a common goal - To take steps to resolve conflict - To value each other's views and know that everyone's views count (including their own)	<b>If You're Happy and You Know It</b> We will teach children: - To know their own feelings and be able to self-regulate - To adjust behaviours according to the situation - To know that their behaviour may affect others	<b>Jack and Jill</b> We will teach children: - To show sensitivity to the needs of others - To know how their own actions may affect others - To respect others' opinions and differences

	<p align="center"><b>You Choose</b></p> <p><b>Relationships Education: Caring friendships (2a,2c)</b></p> <p><b>Health Education: Mental wellbeing (6b,6c,6g)</b></p>	<p align="center"><b>Red Rockets and Rainbow Jelly</b></p> <p>Relationships Education: Caring friendships (2d)</p> <p>Health Education: Mental wellbeing (6b,6c)</p>	<p align="center"><b>Blue Chameleon : The Family Book Relationships</b></p> <p>Education: Families and people who care for me (1a), Caring friendships (2a), Respectful relationships (3a)</p> <p><b>Mommy, Mama and Me (Refuge Unit Summer 2.2)</b></p>
	<p><b>Caring Friendships</b></p> <ul style="list-style-type: none"> <li>- To recognise the importance of friendship</li> <li>- Know that friendships can make us feel happy</li> </ul> <p>Know some ways that we can make new friends feel welcome</p>	<p><b>Being Kind</b></p> <ul style="list-style-type: none"> <li>- To recognise the importance of saying sorry and forgiveness</li> <li>- Know that arguing with friends and then making up can make friendships stronger</li> <li>- That resorting to violence is never right</li> </ul>	<p><b>Families</b></p> <ul style="list-style-type: none"> <li>- To recognise that all families are different</li> <li>- Identify different members of the family</li> <li>- Understand how members of a family can help each other</li> </ul>

<b>Year 1</b>	<p><b>Samuel Pepys</b></p> <p>We will teach children:</p> <ul style="list-style-type: none"> <li>- To know when to ask for help and how to get help without asking an adult (self-help)</li> <li>- That sometimes we need to keep trying to be successful and this is okay <ul style="list-style-type: none"> <li>- How to follow rules and why this is important</li> </ul> </li> </ul>		<p><b>Lion and Me</b></p> <p>We will teach children:</p> <ul style="list-style-type: none"> <li>- To learn what qualities make a good friend</li> <li>- How to help our friends</li> <li>- The importance of good manners</li> <li>- To begin to self-regulate any negative behaviours</li> </ul>		<p><b>Traditional Tale</b></p> <p>We will teach children:</p> <ul style="list-style-type: none"> <li>- To talk and share information with their team mates in a clear way</li> <li>- To work as a group to achieve a shared outcome</li> <li>- To take turns</li> <li>- To be creative</li> </ul>
	<p><b>Elmer</b></p> <ul style="list-style-type: none"> <li>- To like the way I am</li> <li>- To know the ways I am different and make my class feel welcoming</li> </ul>	<p><b>Ten Little Pirates</b></p>	<p><b>My Grandpa is Amazing</b></p> <ul style="list-style-type: none"> <li>- To recognise that people are different ages</li> </ul>	<p><b>Max the Champion</b></p> <ul style="list-style-type: none"> <li>- To understand that our bodies work in different ways</li> </ul>	<p><b>My World, Your World</b></p> <ul style="list-style-type: none"> <li>- To understand that we share the world with lots of people</li> </ul>
	<p><b>Different Friends</b></p> <ul style="list-style-type: none"> <li>- To understand that we are all different but can still be friends</li> <li>- Know that we can be friends with people who are different to us</li> </ul>		<p><b>Growing and Changing</b></p> <ul style="list-style-type: none"> <li>- To discuss how children grow and change</li> <li>- Understand that babies need care and support</li> <li>- Know that older children can do more by themselves</li> </ul>		<p><b>Families and Care</b></p> <ul style="list-style-type: none"> <li>- To explore different types of families and who to ask for help</li> <li>- To identify who can help when families make us feel unhappy or unsafe</li> <li>- Know there are different types of families</li> <li>- Know which people we can ask for help</li> </ul>

<b>Year 2</b>	<b>Samuel Pepys</b> We will teach children: <ul style="list-style-type: none"> <li>- To know when to ask for help and how to get help without asking an adult (self-help)</li> <li>- That sometimes we need to keep trying to be successful and this is okay</li> <li>- How to follow rules and why this is important</li> </ul>		<b>Lion and Me</b> We will teach children: <ul style="list-style-type: none"> <li>- To learn what qualities make a good friend</li> <li>- How to help our friends</li> <li>- The importance of good manners</li> <li>- To begin to self-regulate any negative behaviours</li> </ul>		<b>Traditional Tale</b> We will teach children: <ul style="list-style-type: none"> <li>- To talk and share information with their team mates in a clear way</li> <li>- To work as a group to achieve a shared outcome</li> <li>- To take turns</li> <li>- To be creative</li> </ul>
	<b>The Great Big Book of Families</b> <ul style="list-style-type: none"> <li>- To understand what diversity is</li> </ul>	<b>The First Slodge</b> <ul style="list-style-type: none"> <li>- To understand how we share the world</li> </ul>	<b>The Odd Egg</b> <ul style="list-style-type: none"> <li>- To understand what makes someone feel proud</li> </ul>	<b>Just Because</b> <ul style="list-style-type: none"> <li>- To feel proud of being different</li> </ul>	<b>Blown Away</b> To be able to work with everyone in my class
	<b>Differences</b> <ul style="list-style-type: none"> <li>- To introduce the concept of gender stereotypes</li> <li>- Understand that some people have fixed ideas about what boys and girls can do</li> </ul>				<b>Naming Body Parts</b> <ul style="list-style-type: none"> <li>- To focus on sexual difference and name body parts</li> <li>- Describe the physical differences between males and females</li> <li>- Name the different body parts</li> <li>- Describe the difference between male and female babies</li> <li>- To identify differences between males and females</li> </ul>

<p><b>Year 3</b></p>	<p><b>Ed Stafford – Walking the Amazon</b>          We will teach children:</p> <ul style="list-style-type: none"> <li>- The importance of having rules</li> <li>- The qualities of a good friend</li> <li>- The importance of trust and respect</li> <li>- How to care for the environment</li> <li>- The importance of teamwork and taking a team member role</li> </ul>	<p><b>Ernest Shackleton – Endurance</b>          We will teach children:</p> <ul style="list-style-type: none"> <li>- How to be patient</li> <li>- How to compete in tasks against others</li> <li>- To have the will to succeed</li> <li>- To use self-discipline and control</li> <li>- How to make an honest choice</li> </ul>	<p><b>Nelly Bly – Around the World in 72 Days</b>          We will teach children:</p> <ul style="list-style-type: none"> <li>- How to care for themselves</li> <li>- How behaviour impact upon how others see us</li> <li>- To be able to make visitors feel welcome</li> <li>- To identify ways to spot a fake rumour</li> </ul>	
	<p><b>Oliver</b></p> <ul style="list-style-type: none"> <li>- To understand how difference can affect someone</li> <li>- To know everyone in our class is different and that differences can make someone feel excluded</li> </ul>	<p><b>This is Our House</b></p> <ul style="list-style-type: none"> <li>- To understand what ‘discrimination’ means</li> </ul> <p>To know why someone might feel like an outsider</p>	<p><b>Two Monsters</b></p> <ul style="list-style-type: none"> <li>- To find a solution to a problem</li> <li>- To understand where problems come from</li> </ul> <p><b>The Hueys in the New Jumper</b></p> <ul style="list-style-type: none"> <li>- To use strategies to help someone who feels different</li> </ul> <p>To know why it is hard to be different</p> <p><b>Beegu (Refugees Summer 2.2)</b></p> <ul style="list-style-type: none"> <li>- To be welcoming</li> <li>- To know that your behaviour can make someone feel like an outsider</li> </ul>	
				<p><b>Body Differences</b></p> <ul style="list-style-type: none"> <li>- To identify that people are unique and to respect those differences</li> <li>- To explore the differences between male and female bodies</li> <li>- Know and respect the body differences between ourselves and others</li> <li>- Name male and female body parts using agreed words</li> </ul>

				<p><b>Personal Space</b></p> <ul style="list-style-type: none"> <li>- To consider appropriate and inappropriate physical contact and consent</li> <li>- Understand that each person's body belongs to them</li> <li>- Understand personal space and unwanted touch</li> </ul> <p><b>Help and Support</b></p> <ul style="list-style-type: none"> <li>- To explore different types of families and who to go to for help and support</li> <li>- Understand that all families are different and have different family members</li> <li>- Identify who to go to for help and support</li> </ul>
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<b>Year 4</b>	<p><b>Gorilla in the Mist - Kira Salak</b></p> <p>We will teach children:</p> <ul style="list-style-type: none"> <li>- To use appropriate language to express themselves</li> <li>- To recognise the importance of flexibility within friendships</li> <li>- To be patient and think before acting</li> <li>- The importance of appreciating other people</li> </ul> <p>To recognise the need to reduce waste</p>	<p><b>Spartacus – Romans Revolt</b></p> <p>We will teach children:</p> <ul style="list-style-type: none"> <li>- The effect of pollution on the environment and the body</li> <li>- About the implications of peer pressure</li> <li>- To be kind and share time with others</li> <li>- About rules and the reasons for them</li> <li>- About caring for others with respect</li> </ul>	<p><b>Bear Grylls – Survival</b></p> <p>We will teach children:</p> <ul style="list-style-type: none"> <li>- To give attention to someone who needs help</li> <li>- To know how to look after themselves and their environment</li> <li>- The importance of praise</li> <li>- How to work together towards a shared goal</li> <li>- To see the purpose of rules and the responsibility of keeping to them</li> </ul>
	<p>- <b>Dogs Don't Do Ballet</b></p> <p>Changing adolescent body (8a)</p> <p>Key Stage 2 Science - describe the life process of reproduction in some plants and animals</p>	<p><b>King and King</b></p> <ul style="list-style-type: none"> <li>- To understand why people get married</li> </ul> <p>To know what marriage is and to know who can get married in the UK</p> <p>Health Education: Mental wellbeing (6a,6b,6c,6d,6f) Changing adolescent body (8a, 8b), Menstruation (9a)</p>	<p><b>The Way Back Home</b></p> <ul style="list-style-type: none"> <li>- To overcome language as a barrier</li> </ul> <p>To know that people speak different languages</p> <p><b>The Flower</b></p> <ul style="list-style-type: none"> <li>- To ask questions</li> <li>- To know that we all have choices</li> </ul> <p>To know why it's good to learn about new and different things</p>

		<p>Key Stage 2 Science - describe the life process of reproduction in some plants and animals -describe the changes as humans develop to old age</p> <p>-</p>	<p><b>Red: A Crayon's Story (Refugees)</b></p> <ul style="list-style-type: none"> <li>- To be who you want to be</li> </ul> <p>To know why people sometimes don't speak up</p> <p>Relationships Education: Caring friendships (2b,2c, 2d,2e), Respectful relationships, (3a,3b,3d,3e,3f,3h), Online relationships (4b,4d).</p>
			<p><b>Changes</b></p> <ul style="list-style-type: none"> <li>- To explore the human lifecycle</li> <li>- To identify some basic facts about puberty</li> <li>- Understand that puberty is an important stage in the human lifecycle <ul style="list-style-type: none"> <li>- Know some changes that happen during puberty</li> </ul> </li> </ul> <p><b>What is Puberty?</b></p> <ul style="list-style-type: none"> <li>- To explore how puberty is linked to reproduction</li> <li>- Know about the physical and emotional changes that happen in puberty</li> </ul> <p>-Understand that children change into adults to be able to reproduce if they choose to</p> <p><b>Healthy Relationships</b></p> <ul style="list-style-type: none"> <li>- To explore respect in a range of relationships</li> <li>- To discuss the characteristics of healthy relationships</li> <li>- Know that respect is important in all relationships including online</li> <li>- Explain how friendships can make people feel unhappy or uncomfortable.</li> </ul>

<p><b>Year</b> <b>5</b></p>	<p><b>Ranulph Fiennes – Transglobe Adventure</b> We will teach children:</p> <ul style="list-style-type: none"> <li>- About doing their best</li> <li>- To look after themselves (what they eat and personal hygiene)</li> <li>- The importance of being helpful</li> <li>- That actions have different benefits</li> <li>- To try different things even though they may lack the confidence to do them</li> </ul>	<p><b>Voyage of Discovery - Leif Erikson</b> We will teach children:</p> <ul style="list-style-type: none"> <li>- To consider the needs and feelings of others</li> <li>- About treating others as they would want to be treated</li> <li>- To be self-controlled even when under pressure</li> <li>- To accept apologies and not hold grudges</li> </ul> <p>That honesty is the best policy</p>	<p><b>Tim Peake – Blast Off!</b> We will teach children:</p> <ul style="list-style-type: none"> <li>- To understand there are two sides to a story</li> <li>- Strategies to ‘see’ the truth and be honest</li> <li>- How to forgive and be sorry</li> <li>- To think in order to solve problems</li> <li>- To be respectful and show courtesy to others</li> </ul>
<p>-</p>	<p>-</p>	<p>-</p>	<p><b>Talking about Puberty</b></p> <ul style="list-style-type: none"> <li>- To explore the emotional and physical changes occurring in puberty</li> <li>- Explain the main physical and emotional changes that happen during puberty</li> <li>- Ask questions about puberty with confidence</li> </ul> <p><b>The Reproduction System</b></p> <ul style="list-style-type: none"> <li>- To understand male and female puberty changes in more detail</li> <li>- Understand how puberty affects the reproductive organs</li> </ul> <p>Describe what happens during menstruation and sperm production</p> <p><b>Puberty Health and Support</b></p> <ul style="list-style-type: none"> <li>- To explore the impact of puberty on the body and the importance of physical hygiene</li> <li>- To explore ways to get support during puberty</li> <li>- Explain how to keep clean during puberty</li> <li>- Explain how emotions/relationships change during puberty</li> <li>- Know how to get help and support during puberty</li> </ul>

<p><b>Year 6</b></p>	<p><b>Nancy Wake – The White Mouse</b>          We will teach children:</p> <ul style="list-style-type: none"> <li>- The qualities/values of a good friendship</li> <li>- How to show determination and complete challenges</li> <li>- The importance of self-discipline when under pressure</li> <li>- How to support raising funds for charity</li> </ul>	<p><b>Ibn Battuta – Eastern Odyssey</b>          We will teach children:</p> <ul style="list-style-type: none"> <li>- The importance of doing their best</li> <li>- The difference between just and unjust situations</li> <li>- The difference between discrimination and discriminatory behaviour</li> </ul> <p>To try to do something even when difficult</p>	<p><b>Amelia Earhart – Final Flight</b>          We will teach children:</p> <ul style="list-style-type: none"> <li>- The importance of being patient</li> <li>- The difference between human rights and needs</li> <li>- How to make people feel respected and valued</li> <li>- About not holding grudges</li> </ul>	
	<p><b>My Princess Boy</b></p> <ul style="list-style-type: none"> <li>- To promote diversity</li> <li>- To know what diversity is</li> <li>- To know that other people may be different from me</li> </ul> <p>To understand that living in the UK means accepting and celebrating diversity</p> <p>Health Education: Mental wellbeing(6c,6d,6f,6g, 6i,6j), Changing Adolescent body (8a,8b).</p>	<p><b>The Island</b></p> <p><b>The Whisperer</b></p> <ul style="list-style-type: none"> <li>- To stand up to discrimination</li> <li>- To understand the reasons why some people may choose to hide their identity</li> <li>- To understand how people are labelled by rumours and assumptions</li> </ul> <p>To identify ways to stand up to prejudice and challenge rumours</p> <p>Relationships Education: Families and people who care for us (1a,1b,1d,1f ), Caring friendships (2a,2b, 2c), Respectful relationships 3b,3d,3h), Being safe (5a,5b,5c,5d,5e).</p>	<p><b>Love You Forever</b></p> <ul style="list-style-type: none"> <li>- To consider how my life may change as I grow up</li> <li>- To know that we all grow old</li> </ul> <p>To understand the cycle of life</p> <p>Relationships Education: Online relationships (4a,4b, 4c,4d,4e), Being safe (5a,5b,5d,5e,5g,5h), Mental wellbeing (6h,6i)</p> <p>Additional lesson in FGM</p>	<p><b>Dreams of Freedom</b></p> <ul style="list-style-type: none"> <li>- To recognise my freedom</li> <li>- To know I have rights and that I can decide how I live my life when I grow up</li> <li>- To know I can be what and who I want to be</li> </ul>
	-	-	<p><b>Puberty and Reproduction</b></p> <ul style="list-style-type: none"> <li>- To consider puberty and reproduction</li> <li>- Describe how and why the body changes during puberty in preparation for reproduction</li> <li>- Talk about puberty and reproduction with confidence</li> </ul> <p><b>Communication and Relationships</b></p>	

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|  |  |  | <ul style="list-style-type: none"><li>- Exploring the importance of communication and respect in relationships</li><li>- Explain differences between healthy and unhealthy relationships</li></ul> <p>Know that communication and permission seeking are important</p> <p><b>Families, Conception and Pregnancy</b></p> <ul style="list-style-type: none"><li>- To consider different ways people might start a family</li><li>- Describe the decisions that have to be made before having children</li><li>- Know some basic facts about conception and pregnancy</li></ul> |
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**Families, Conception and Pregnancy**

- To consider different ways people might start a family
- Describe the decisions that have to be made before having children
- Know some basic facts about conception and pregnancy