SMSC Planning Overview

- Commando Joe's   - No Outsiders   - e-Aware (Year 1-6 only)   - Sex and Relationships Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
NURSERY	**Romeo Resilience**	**Charlie Communication** **Elliot Excellence**	**Parveen Positivity**	**Tanisha Teamwork**	**Sophie Self-Awareness**	**Eddie Empathy**
RECEPTION	Incy Wincy Spider - To understand patience and perseverance.	Three Blind Mice - To give and share ideas, listening to others and their ideas - To talk and share information in a clear way - To give instructions, directions and be able to follow them	Humpty Dumpty - To talk and share. - Turn taking and problem solving.	Row, Row, Row Your Boat - To take turns - To work as part of a team to get to a common goal - To take steps to resolve conflict - To value each other's views and know that everyone's views count (including their own)	If You're Happy and You Know It - To learn about different behaviours.	Jack and Jill - To show sensitivity and respect.
	The Family Book - To understand that all families are different	**You Choose**	**Red Rockets and Rainbow Jelly** - To understand it is okay to like different things		**Blue Chameleon** - To make friends with someone different	
	Caring Friendships - To recognise the importance of friendship - Know that friendships can make us feel happy - Know some ways that we can make new friends feel welcome **Relationships Education:** Caring friendships (2a,2c) **Health Education:** Mental wellbeing (6b,6c,6g)		**Being Kind** - To recognise the importance of saying sorry and forgiveness - Know that arguing with friends and then making up can make friendships stronger - That resorting to violence is never right **Relationships Education:** Caring friendships (2d) **Health Education:** Mental wellbeing (6b,6c)		**Families** - To recognise that all families are different - Identify different members of the family - Understand how members of a family can help each other **Relationships Education:** Families and people who care for me (1a), Caring friendships (2a), Respectful relationships (3a)	

Year 1	**Traditional Tale** We will teach children: - To talk and share information with their team mates in a clear way - To work as a group to achieve a shared outcome - To take turns To be creative		**Lion and Me** We will teach children: - To learn what qualities make a good friend - How to help our friends - The importance of good manners To begin to self-regulate any negative behaviours		**Steve Backshall and Me** We will teach children: - To have a better understanding of the emotions we feel - To know that we can affect the feelings of others - How to look after our pets - To know that we can learn from our mistakes	
	Elmer - To like the way I am - To know the ways I am different and make my class feel welcoming	**Ten Little Pirates**	**My Grandpa is Amazing** - To recognise that people are different ages	**Max the Champion** - To understand that our bodies work in different ways	**My World, Your World** - To understand that we share the world with lots of people	
	Digital Footprints - Start to understand what is meant by a 'digital footprint' - Understand that everything they do online creates a digital footprint which is permanent - Recap and explore what is appropriate to do and put online	**Friends** - Explain that technology can be used to communicate and connect with others. - Recognise who should be part of our online community. - Understand how to keep ourselves safe when communicating online.	**Passwords** - Start to recognise different symbols seen online, e.g. padlock to represent a password - Identify the steps that can be taken to keep personal information secure - Start to understand what makes a good or a bad password	**Positive Communication** - Understand that we should treat people with respect both online and in real life - Understand that our online actions have consequences. - Know what to do if someone is being unkind online.	**Private Information** - Start to recognise what personal information should be kept private. - Understand that we should not share any private information online.	**Time Online** - Start to understand how spending too much time online can be detrimental to your health - Understand that it's important to have a healthy balance in life - Start to understand concept of time and how much to spend online
	Different Friends - To understand that we are all different but can still be friends - Know that we can be friends with people who are different to us		**Growing and Changing** - To discuss how children grow and change - Understand that babies need care and support - Know that older children can do more by themselves		**Families and Care** - To explore different types of families and who to ask for help - To identify who can help when families make us feel unhappy or unsafe - Know there are different types of families - Know which people we can ask for help	

Year 2	Samuel Pepys		Pochahontas		The Queen	
	We will teach children: - To know when to ask for help and how to get help without asking an adult (self-help) - That sometimes we need to keep trying to be successful and this is okay How to follow rules and why this is important -		We will teach children: - How to be polite to others - To be thoughtful of others and be kind - How to talk clearly and give accurate instructions - To listen to feedback from others - To be self-critical/reflective		We will teach children: - To keep trying - To better regulate their behaviours through self-control - To know how to keep themselves safe when meeting new people To work as a team to achieve outcomes	

The Great Big Book of Families	The First Slodge	The Odd Egg	Just Because	Blown Away	
- To understand what diversity is	- To understand how we share the world	- To understand what makes someone feel proud	- To feel proud of being different	- To be able to work with everyone in my class	

Digital Footprints	Friends	Passwords	Positive Communication	Private Information	Time Online
- Start to understand what is meant by a 'digital footprint' - Understand that everything they do online creates a digital footprint which is permanent - Recap and explore what is appropriate to do and put online	- Explain that technology can be used to communicate and connect with others. - Recognise who should be part of our online community. - Understand how to keep ourselves safe when communicating online.	- Start to recognise different symbols seen online, e.g. padlock to represent a password - Identify the steps that can be taken to keep personal information secure - Start to understand what makes a good or a bad password	- Understand that we should treat people with respect both online and in real life - Understand that our online actions have consequences. - Know what to do if someone is being unkind online.	- Start to recognise what personal information should be kept private. - Understand that we should not share any private information online.	- Start to understand how spending too much time online can be detrimental to your health - Understand that it's important to have a healthy balance in life - Start to understand concept of time and how much to spend online

Differences		Male and Female Animals		Naming Body Parts	
- To introduce the concept of gender stereotypes - To identify differences between males and females - Understand that some people have fixed ideas about what boys and girls can do - Describe the difference between male and female babies		- To explore some of the differences between males and females and to understand how this is part of the lifecycle - Describe some differences between male and female animals - Understand that making a new life needs a male and a female		- To focus on sexual difference and name body parts - Describe the physical differences between males and females - Name the different body parts	

Year 3	Ed Stafford – Walking the Amazon		Ernest Shackleton – Endurance		Nelly Bly – Around the World in 72 Days	
	We will teach children: - The importance of having rules - The qualities of a good friend - The importance of trust and respect - How to care for the environment - The importance of teamwork and taking a team member role		We will teach children: - How to be patient - How to compete in tasks against others - To have the will to succeed - To use self-discipline and control - How to make an honest choice		We will teach children: - How to care for themselves - How behaviour impact upon how others see us - To be able to make visitors feel welcome - To identify ways to spot a fake rumour	

	Oliver	This is Our House	Two Monsters	The Hueys in the New Jumper	Beegu	
	- To understand how difference can affect someone - To know everyone in our class is different and that differences can make someone feel excluded	- To understand what 'discrimination' means - To know why someone might feel like an outsider	- To find a solution to a problem - To understand where problems come from	- To use strategies to help someone who feels different - To know why it is hard to be different	- To be welcoming - To know that your behaviour can make someone feel like an outsider	

	Cyber Bullying	Friends	Passwords	Photos	Things are not always as they seem	Time Online
	- Identify the meaning of the word 'cyberbullying' - Identify the online dangers and understand ways we can stay safe online - Identify cyberbullying and understand its' consequences - Promote active and open discussions to promote an openness to talk about cyberbullying	- Understand the difference between real-life friends and online only friends - Understand what sort of information we should share with online only friends - Understand how to keep ourselves safe when communicating online	- Identify the steps that can be taken to keep personal information secure - Understand what makes a good or a bad password - Recognise what could happen if someone else found out our password	- Understand that when a photo is uploaded to the internet, it is there forever - Understand that you should ask a persons' permission before uploading a picture of them - Recognise that sometimes pictures on the internet have been edited	- Understand that what we see online is not always what we think it is - Understand that it is easy for people to lie online - Understand that it is possible to be tricked into doing things online	- Understand how spending too much time online can be detrimental to your health - Understand that it's important to have a healthy balance in life - Understand how to spread our time between activities effectively

	Body Differences		Personal Space		Help and Support	
	- To identify that people are unique and to respect those differences - To explore the differences between male and female bodies		- To consider appropriate and inappropriate physical contact and consent - Understand that each person's body belongs to them - Understand personal space and unwanted touch		- To explore different types of families and who to go to for help and support - Understand that all families are different and have different family members - Identify who to go to for help and support	

- Know and respect the body differences between ourselves and - others - Name male and female body parts using agreed words		

Year 4	**Kira Salak – Gorilla in the Mist** We will teach children: - To use appropriate language to express themselves - To recognise the importance of flexibility within friendships - To be patient and think before acting - The importance of appreciating other people To recognise the need to reduce waste	**Spartacus – Romans Revolt** We will teach children: - The effect of pollution on the environment and the body - About the implications of peer pressure - To be kind and share time with others - About rules and the reasons for them - About caring for others with respect	**Bear Grylls – Survival** We will teach children: - To give attention to someone who needs help - To know how to look after themselves and their environment - The importance of praise - How to work together towards a shared goal - To see the purpose of rules and the responsibility of keeping to them

Dogs Don't Do Ballet	**King and King** - To understand why people get married - To know what marriage is and to know who can get married in the UK	**The Way Back Home** - To overcome language as a barrier - To know that people speak different languages	**The Flower** - To ask questions - To know that we all have choices - To know why it's good to learn about new and different things	**Red: A Crayon's Story** - To be who you want to be - To know why people sometimes don't speak up	

Cyber Bullying - Identify the meaning of the word 'cyberbullying' - Identify the online dangers and understand ways we can stay safe online - Identify cyberbullying and understand its' consequences - Promote active and open discussions to promote an openness to talk about cyberbullying	**Friends** - Understand the difference between real-life friends and online only friends - Understand what sort of information we should share with online only friends - Understand how to keep ourselves safe when communicating online	**Passwords** - Identify the steps that can be taken to keep personal information secure - Understand what makes a good or a bad password - Recognise what could happen if someone else found out our password	**Photos** - Understand that when a photo is uploaded to the internet, it is there forever - Understand that you should ask a persons' permission before uploading a picture of them - Recognise that sometimes pictures on the internet have been edited	**Things are not always as they seem** - Understand that what we see online is not always what we think it is - Understand that it is easy for people to lie online - Understand that it is possible to be tricked into doing things online	**Time Online** - Understand how spending too much time online can be detrimental to your health - Understand that it's important to have a healthy balance in life - Understand how to spread our time between activities effectively

			Healthy Relationships
			- To explore respect in a range of relationships
			- To discuss the characteristics of healthy relationships
			- Know that respect is important in all relationships including online
			- Explain how friendships can make people feel unhappy or uncomfortable.
			Changes
			- To explore the human lifecycle
			- To identify some basic facts about puberty
			- Understand that puberty is an important stage in the human lifecycle
			Know some changes that happen during puberty
			What is Puberty?
			- To explore how puberty is linked to reproduction
			- Know about the physical and emotional changes that happen in puberty
			Understand that children change into adults to be able to reproduce if they choose to

Year 5	Ranulph Fiennes – Transglobe Adventure		Leif Erikson – Voyage of Discovery		Tim Peake – Blast Off!	
	Ranulph Fiennes – Transglobe Adventure We will teach children: - About doing their best - To look after themselves (what they eat and personal hygiene) - The importance of being helpful - That actions have different benefits - To try different things even though they may lack the confidence to do them		**Leif Erikson – Voyage of Discovery** We will teach children: - To consider the needs and feelings of others - About treating others as they would want to be treated - To be self-controlled even when under pressure - To accept apologies and not hold grudges - That honesty is the best policy		**Tim Peake – Blast Off!** We will teach children: - To understand there are two sides to a story - Strategies to 'see' the truth and be honest - How to forgive and be sorry - To think in order to solve problems - To be respectful and show courtesy to others	

Where The Poppies Now Grow - To learn from our past - To know why people fight in wars - To know that Britain fought in two World Wars - To know why we remember those who died in the two World Wars	**Rose Blanche** - To justify my actions - To know that sometimes we have to make difficult decisions	**How to Heal a Broken Wing** - To recognise when someone needs help - To know that people have different life experiences - To empathise with others	**The Artist Who Painted a Blue House** - To appreciate artistic freedom - To know that art can demonstrate freedom	**And Tango Makes Three** - To accept people who are different from me - To know that there ae different people living in my community and accept everyone who is different from me	**Respect and Equality** - Explore practical steps that could be taken in a range of contexts to support respectful relationships - Explain the importance of respecting others, even when they are very different to us - Know that we can all take positive steps to support equality

Cyber Bullying - Identify cyberbullying and understand its' consequences Promote active and open discussions to promote an openness to talk about cyberbullying Understand the importance of being an 'Upstander', not a 'Bystander'	**Gaming** - Understand the importance playing games which are age appropriate - Understand the risks involved with in-App and gaming purchases - Understand that people we meet online might not always be who they say they are	**Naked Images** - Understand the laws relating to sending naked pictures - Understand what to do if they are feeling pressured into sending a naked picture - Understand the dangers and consequences of sending a naked picture	**Passwords** - Understand the importance of keeping passwords safe - Understand the importance of creating strong passwords - Understand the consequences of sharing a password or leaving it lying around	**Privacy Settings** - Understand the importance of keeping private information safe - Understand what social media and why it is used - Understand how to ensure we keep our information safe using privacy settings	**Time Online** - Understand how spending too much time online can be detrimental to your health - Understand that it's important to have a healthy balance in life - Debate the pros and cons of spending time in front of a screen

Talking about Puberty - To explore the emotional and physical changes occurring in puberty - Explain the main physical and emotional changes that happen during puberty - Ask questions about puberty with confidence	**The Reproduction System** - To understand male and female puberty changes in more detail - Understand how puberty affects the reproductive organs - Describe what happens during menstruation and sperm production	**Puberty Health and Support** - To explore the impact of puberty on the body and the importance of physical hygiene - To explore ways to get support during puberty - Explain how to keep clean during puberty - Explain how emotions/relationships change during puberty - Know how to get help and support during puberty

Year 6	**Nancy Wake – The White Mouse**		**Ibn Battuta – Eastern Odyssey**		**Amelia Earhart – Final Flight**	
	We will teach children: - The qualities/values of a good friendship - How to show determination and complete challenges - The importance of self-discipline when under pressure - How to support raising funds for charity		We will teach children: - The importance of doing their best - The difference between just and unjust situations - The difference between discrimination and discriminatory behaviour To try to do something even when difficult		We will teach children: - The importance of being patient - The difference between human rights and needs - How to make people feel respected and valued - About not holding grudges	

My Princess Boy	**The Whisperer**	**The Island**	**Love You Forever**	**Dreams of Freedom**	
- To promote diversity - To know what diversity is - To know that other people may be different from me - To understand that living in the UK means accepting and celebrating diversity	- To stand up to discrimination - To understand the reasons why some people may choose to hide their identity - To understand how people are labelled by rumours and assumptions - To identify ways to stand up to prejudice and challenge rumours		- To consider how my life may change as I grow up - To know that we all grow old - To understand the cycle of life	- To recognise my freedom - To know I have rights and that I can decide how I live my life when I grow up - To know I can be what and who I want to be	

Cyber Bullying	**Gaming**	**Naked Images**	**Passwords**	**Privacy Settings**	**Time Online**
- Identify cyberbullying and understand its' consequences Promote active and open discussions to promote an openness to talk about cyberbullying Understand the importance of being an 'Upstander', not a 'Bystander'	- Understand the importance playing games which are age appropriate - Understand the risks involved with in-App and gaming purchases - Understand that people we meet online might not always be who they say they are	- Understand the laws relating to sending naked pictures - Understand what to do if they are feeling pressured into sending a naked picture - Understand the dangers and consequences of sending a naked picture	- Understand the importance of keeping passwords safe - Understand the importance of creating strong passwords - Understand the consequences of sharing a password or leaving it lying around	- Understand the importance of keeping private information safe - Understand what social media and why it is used - Understand how to ensure we keep our information safe using privacy settings	- Understand how spending too much time online can be detrimental to your health - Understand that it's important to have a healthy balance in life - Debate the pros and cons of spending time in front of a screen

Puberty and Reproduction		**Communication and Relationships**		**Families, Conception and Pregnancy**	
- To consider puberty and reproduction - Describe how and why the body changes during puberty in preparation for reproduction - Talk about puberty and reproduction with confidence		- Exploring the importance of communication and respect in relationships - Explain differences between healthy and unhealthy relationships - Know that communication and permission seeking are important		- To consider different ways people might start a family - Describe the decisions that have to be made before having children - Know some basic facts about conception and pregnancy	