

SMSC Planning Overview

CYCLE B

- Commando Joe's
 - No Outsiders
 - Sex and Relationships Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Romeo Resilience	Charlie Communication Elliot Excellence	Parveen Positiivty	Tanisha Teamwork	Sophie Self-Awarness	Eddie Empathy
EYFS (Nursery and Reception missions are different, but the aims are the same)	Incy Wincy Spider We will teach children: <ul style="list-style-type: none"> - To understand the need to be patient at times - To know when to ask for help and when to persevere - To know that sometimes we need to practice really hard to become good at something 	Twinkle Twinkle Little Star We will teach children: <ul style="list-style-type: none"> - To recognise the importance of making positive choices To know that everyone can be successful and that we are all good at different things Three Blind Mice We will teach children: <ul style="list-style-type: none"> - To give and share ideas, listening to others and their ideas - To talk and share information in a clear way To give instructions, directions and be able to follow them	Humpty Dumpty We will teach children: <ul style="list-style-type: none"> - To talk and share information with their team in a clear way - To take turns - To be kind and share time with others To think of solutions to problems	Row, Row, Row Your Boat CoJos We will teach children: <ul style="list-style-type: none"> - To take turns - To work as part of a team to get to a common goal - To take steps to resolve conflict - To value each other's views and know that everyone's views count (including their own) 	If You're Happy and You Know It We will teach children: <ul style="list-style-type: none"> - To know their own feelings and be able to self-regulate - To adjust behaviours according to the situation - To know that their behaviour may affect others 	Jack and Jill We will teach children: <ul style="list-style-type: none"> - To show sensitivity to the needs of others - To know how their own actions may affect others - To respect others' opinions and differences

	<p align="center">You Choose</p> <p>Relationships Education: Caring friendships (2a,2c)</p> <p>Health Education: Mental wellbeing (6b,6c,6g)</p>	<p align="center">Red Rockets and Rainbow Jelly</p> <p>Relationships Education: Caring friendships (2d)</p> <p>Health Education: Mental wellbeing (6b,6c)</p>	<p align="center">Blue Chameleon : The Family Book Relationships</p> <p>Education: Families and people who care for me (1a), Caring friendships (2a), Respectful relationships (3a)</p> <p>Mommy, Mama and Me (Refuge Unit Summer 2.2)</p>
	<p>Caring Friendships</p> <ul style="list-style-type: none"> - To recognise the importance of friendship - Know that friendships can make us feel happy <p>Know some ways that we can make new friends feel welcome</p>	<p>Being Kind</p> <ul style="list-style-type: none"> - To recognise the importance of saying sorry and forgiveness - Know that arguing with friends and then making up can make friendships stronger - That resorting to violence is never right 	<p>Families</p> <ul style="list-style-type: none"> - To recognise that all families are different - Identify different members of the family - Understand how members of a family can help each other

Year 1	<p>Samuel Pepys</p> <p>We will teach children:</p> <ul style="list-style-type: none"> - To know when to ask for help and how to get help without asking an adult (self-help) - That sometimes we need to keep trying to be successful and this is okay <ul style="list-style-type: none"> - How to follow rules and why this is important 		<p>Lion and Me</p> <p>We will teach children:</p> <ul style="list-style-type: none"> - To learn what qualities make a good friend - How to help our friends - The importance of good manners - To begin to self-regulate any negative behaviours 		<p>Traditional Tale</p> <p>We will teach children:</p> <ul style="list-style-type: none"> - To talk and share information with their team mates in a clear way - To work as a group to achieve a shared outcome - To take turns - To be creative
	<p>Elmer</p> <ul style="list-style-type: none"> - To like the way I am - To know the ways I am different and make my class feel welcoming 	<p>Ten Little Pirates</p>	<p>My Grandpa is Amazing</p> <ul style="list-style-type: none"> - To recognise that people are different ages 	<p>Max the Champion</p> <ul style="list-style-type: none"> - To understand that our bodies work in different ways 	<p>My World, Your World</p> <ul style="list-style-type: none"> - To understand that we share the world with lots of people
	<p>Different Friends</p> <ul style="list-style-type: none"> - To understand that we are all different but can still be friends - Know that we can be friends with people who are different to us 		<p>Growing and Changing</p> <ul style="list-style-type: none"> - To discuss how children grow and change - Understand that babies need care and support - Know that older children can do more by themselves 		<p>Families and Care</p> <ul style="list-style-type: none"> - To explore different types of families and who to ask for help - To identify who can help when families make us feel unhappy or unsafe - Know there are different types of families - Know which people we can ask for help

Year 2	Samuel Pepys We will teach children: <ul style="list-style-type: none"> - To know when to ask for help and how to get help without asking an adult (self-help) - That sometimes we need to keep trying to be successful and this is okay - How to follow rules and why this is important 		Lion and Me We will teach children: <ul style="list-style-type: none"> - To learn what qualities make a good friend - How to help our friends - The importance of good manners - To begin to self-regulate any negative behaviours 		Traditional Tale We will teach children: <ul style="list-style-type: none"> - To talk and share information with their team mates in a clear way - To work as a group to achieve a shared outcome - To take turns - To be creative
	The Great Big Book of Families <ul style="list-style-type: none"> - To understand what diversity is 	The First Slodge <ul style="list-style-type: none"> - To understand how we share the world 	The Odd Egg <ul style="list-style-type: none"> - To understand what makes someone feel proud 	Just Because <ul style="list-style-type: none"> - To feel proud of being different 	Blown Away To be able to work with everyone in my class
	Differences <ul style="list-style-type: none"> - To introduce the concept of gender stereotypes - Understand that some people have fixed ideas about what boys and girls can do 				Naming Body Parts <ul style="list-style-type: none"> - To focus on sexual difference and name body parts - Describe the physical differences between males and females - Name the different body parts - Describe the difference between male and female babies - To identify differences between males and females

Year 3	Ed Stafford – Walking the Amazon We will teach children: <ul style="list-style-type: none"> - The importance of having rules - The qualities of a good friend - The importance of trust and respect - How to care for the environment - The importance of teamwork and taking a team member role 		Ernest Shackleton – Endurance We will teach children: <ul style="list-style-type: none"> - How to be patient - How to compete in tasks against others - To have the will to succeed - To use self-discipline and control - How to make an honest choice 		Nelly Bly – Around the World in 72 Days We will teach children: <ul style="list-style-type: none"> - How to care for themselves - How behaviour impact upon how others see us - To be able to make visitors feel welcome - To identify ways to spot a fake rumour 	
	Oliver <ul style="list-style-type: none"> - To understand how difference can affect someone - To know everyone in our class is different and that differences can make someone feel excluded 		This is Our House <ul style="list-style-type: none"> - To understand what ‘discrimination’ means To know why someone might feel like an outsider		Two Monsters <ul style="list-style-type: none"> - To find a solution to a problem - To understand where problems come from The Hueys in the New Jumper <ul style="list-style-type: none"> - To use strategies to help someone who feels different To know why it is hard to be different	
	-				Beegu (Refugees Summer 2.2) <ul style="list-style-type: none"> - To be welcoming - To know that your behaviour can make someone feel like an outsider 	
				Body Differences <ul style="list-style-type: none"> - To identify that people are unique and to respect those differences - To explore the differences between male and female bodies - Know and respect the body differences between ourselves and others - Name male and female body parts using agreed words 		

				<p>Personal Space</p> <ul style="list-style-type: none"> - To consider appropriate and inappropriate physical contact and consent - Understand that each person's body belongs to them - Understand personal space and unwanted touch <p>Help and Support</p> <ul style="list-style-type: none"> - To explore different types of families and who to go to for help and support - Understand that all families are different and have different family members - Identify who to go to for help and support
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Year 4	<p>Gorilla in the Mist - Kira Salak</p> <p>We will teach children:</p> <ul style="list-style-type: none"> - To use appropriate language to express themselves - To recognise the importance of flexibility within friendships - To be patient and think before acting - The importance of appreciating other people <p>To recognise the need to reduce waste</p>	<p>Spartacus – Romans Revolt</p> <p>We will teach children:</p> <ul style="list-style-type: none"> - The effect of pollution on the environment and the body - About the implications of peer pressure - To be kind and share time with others - About rules and the reasons for them - About caring for others with respect 	<p>Bear Grylls – Survival</p> <p>We will teach children:</p> <ul style="list-style-type: none"> - To give attention to someone who needs help - To know how to look after themselves and their environment - The importance of praise - How to work together towards a shared goal - To see the purpose of rules and the responsibility of keeping to them
	<p>- Dogs Don't Do Ballet</p> <p>Changing adolescent body (8a)</p> <p>Key Stage 2 Science - describe the life process of reproduction in some plants and animals</p>	<p>King and King</p> <ul style="list-style-type: none"> - To understand why people get married <p>To know what marriage is and to know who can get married in the UK</p> <p>Health Education: Mental wellbeing (6a,6b,6c,6d,6f) Changing adolescent body (8a, 8b), Menstruation (9a)</p>	<p>The Way Back Home</p> <ul style="list-style-type: none"> - To overcome language as a barrier <p>To know that people speak different languages</p> <p>The Flower</p> <ul style="list-style-type: none"> - To ask questions - To know that we all have choices <p>To know why it's good to learn about new and different things</p>

		<p>Key Stage 2 Science - describe the life process of reproduction in some plants and animals -describe the changes as humans develop to old age</p> <p>-</p>	<p>Red: A Crayon's Story (Refugees)</p> <ul style="list-style-type: none"> - To be who you want to be <p>To know why people sometimes don't speak up</p> <p>Relationships Education: Caring friendships (2b,2c, 2d,2e), Respectful relationships, (3a,3b,3d,3e,3f,3h), Online relationships (4b,4d).</p>
			<p>Changes</p> <ul style="list-style-type: none"> - To explore the human lifecycle - To identify some basic facts about puberty - Understand that puberty is an important stage in the human lifecycle <ul style="list-style-type: none"> - Know some changes that happen during puberty <p>What is Puberty?</p> <ul style="list-style-type: none"> - To explore how puberty is linked to reproduction - Know about the physical and emotional changes that happen in puberty <p>-Understand that children change into adults to be able to reproduce if they choose to</p> <p>Healthy Relationships</p> <ul style="list-style-type: none"> - To explore respect in a range of relationships - To discuss the characteristics of healthy relationships - Know that respect is important in all relationships including online - Explain how friendships can make people feel unhappy or uncomfortable.

Year 5	Ranulph Fiennes – Transglobe Adventure We will teach children: <ul style="list-style-type: none"> - About doing their best - To look after themselves (what they eat and personal hygiene) - The importance of being helpful - That actions have different benefits - To try different things even though they may lack the confidence to do them 	Voyage of Discovery - Leif Erikson We will teach children: <ul style="list-style-type: none"> - To consider the needs and feelings of others - About treating others as they would want to be treated - To be self-controlled even when under pressure - To accept apologies and not hold grudges That honesty is the best policy	Tim Peake – Blast Off! We will teach children: <ul style="list-style-type: none"> - To understand there are two sides to a story - Strategies to ‘see’ the truth and be honest - How to forgive and be sorry - To think in order to solve problems - To be respectful and show courtesy to others
-	-	-	Talking about Puberty <ul style="list-style-type: none"> - To explore the emotional and physical changes occurring in puberty - Explain the main physical and emotional changes that happen during puberty - Ask questions about puberty with confidence The Reproduction System <ul style="list-style-type: none"> - To understand male and female puberty changes in more detail - Understand how puberty affects the reproductive organs Describe what happens during menstruation and sperm production Puberty Health and Support <ul style="list-style-type: none"> - To explore the impact of puberty on the body and the importance of physical hygiene - To explore ways to get support during puberty - Explain how to keep clean during puberty - Explain how emotions/relationships change during puberty - Know how to get help and support during puberty

<p>Year 6</p>	<p>Nancy Wake – The White Mouse We will teach children:</p> <ul style="list-style-type: none"> - The qualities/values of a good friendship - How to show determination and complete challenges - The importance of self-discipline when under pressure - How to support raising funds for charity 	<p>Ibn Battuta – Eastern Odyssey We will teach children:</p> <ul style="list-style-type: none"> - The importance of doing their best - The difference between just and unjust situations - The difference between discrimination and discriminatory behaviour <p>To try to do something even when difficult</p>	<p>Amelia Earhart – Final Flight We will teach children:</p> <ul style="list-style-type: none"> - The importance of being patient - The difference between human rights and needs - How to make people feel respected and valued - About not holding grudges 	
	<p>My Princess Boy</p> <ul style="list-style-type: none"> - To promote diversity - To know what diversity is - To know that other people may be different from me <p>To understand that living in the UK means accepting and celebrating diversity</p> <p>Health Education: Mental wellbeing(6c,6d,6f,6g, 6i,6j), Changing Adolescent body (8a,8b).</p>	<p>The Island</p> <p>The Whisperer</p> <ul style="list-style-type: none"> - To stand up to discrimination - To understand the reasons why some people may choose to hide their identity - To understand how people are labelled by rumours and assumptions <p>To identify ways to stand up to prejudice and challenge rumours</p> <p>Relationships Education: Families and people who care for us (1a,1b,1d,1f), Caring friendships (2a,2b, 2c), Respectful relationships 3b,3d,3h), Being safe (5a,5b,5c,5d,5e).</p>	<p>Love You Forever</p> <ul style="list-style-type: none"> - To consider how my life may change as I grow up - To know that we all grow old <p>To understand the cycle of life</p> <p>Relationships Education: Online relationships (4a,4b, 4c,4d,4e), Being safe (5a,5b,5d,5e,5g,5h), Mental wellbeing (6h,6i)</p> <p>Additional lesson in FGM</p>	<p>Dreams of Freedom</p> <ul style="list-style-type: none"> - To recognise my freedom - To know I have rights and that I can decide how I live my life when I grow up - To know I can be what and who I want to be
			<p>Puberty and Reproduction</p> <ul style="list-style-type: none"> - To consider puberty and reproduction - Describe how and why the body changes during puberty in preparation for reproduction - Talk about puberty and reproduction with confidence <p>Communication and Relationships</p>	

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| | | | <ul style="list-style-type: none">- Exploring the importance of communication and respect in relationships- Explain differences between healthy and unhealthy relationships <p>Know that communication and permission seeking are important</p> |
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Families, Conception and Pregnancy

- To consider different ways people might start a family
- Describe the decisions that have to be made before having children
- Know some basic facts about conception and pregnancy