



# How To...

## Day 32: Grow your socks!

An awesome activity from the Amazing Grazing edition of Whizz Pop Bang Magazine (Issue 58) that helps you to explore the different grasses and other plants that can be found in your local area!


### GROW YOUR SOCKS!


**You will need:**

- A pair of worn-out fluffy socks
- A seed tray or a shoebox lid lined with a carrier bag
- Potting compost

**What you do:**


1. Next time you go for a walk in a wild, grassy area, like a meadow or sand dunes, turn the socks inside out and put them over your shoes.
2. After the walk, carefully take the socks off, keeping them inside out.
3. Put a layer of damp compost in the tray.
4. Lay the socks on the compost and cover with another thin layer of compost.
5. Keep the trays in a warm, sunny place and water them every day.





**You should find:**

You've grown a mini prairie! Some of the seeds that you picked up on your walk may be from different grasses. As they get bigger, use a book, your meadow field guide (see page 17), or an app, such as: [bit.ly/3cud4bp](https://bit.ly/3cud4bp) to identify the plants in your prairie. Repeat the sock walk in other habitats to see the different mix of plants that grow in each one.



### Instructions

1. Using a pair of old, fluffy socks turned inside out and put on over your shoes, stride around your local area.
2. Keeping the socks inside out, take them off and place them in a box with a damp layer of compost underneath them and cover them with another layer of compost.
3. Keep the tray warm and watered and see what happens!

Grasses are one of the five biggest families of flowering plants – with more than 10,000 types! They are found on every continent, in all kinds of habitats and provide food, homes and many other functions for the local wildlife and ecosystems.

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